

You are so beautiful

We asked glib and glamorous style makers—hot-shot actors, jewelers to the stars, makeup masters—to describe what gives a bride her wedding-day radiance.

Surprise: It rarely has anything to do with looks.

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“When she looks as though it doesn’t matter if anything—or everything—goes wrong. There is nothing more beautiful than a happy, relaxed bride—a tense bride is an ugly bride.”

SIMON DOONAN, author of *Wacky Chicks: Life Lessons From Fearlessly Inappropriate and Fabulously Eccentric Women*

“They say all brides and babies are beautiful, but I’ve seen some questionable babies! What makes a bride truly beautiful is the glow that comes from the **confidence** that she’s marrying the one she loves—a kind of intoxication that shows. Really **good shoes** help, too.”

CARSON KRESSLEY, co-host of *Queer Eye for the Straight Guy*

“A bride is most beautiful on her wedding day when the certainty of the moment allows her true happiness to shine from within.” **CARL LUMBLY**, actor, *Alias*

“A beautiful bride has confidence in knowing that she has never looked better: the way she stands, **the way she carries herself**, and the way she welcomes her guests.” **COLIN COWIE**, celebrity event planner (Oprah Winfrey, Tom Cruise)

“Marrying the right person for the right reasons—which we all know means a good-looking guy with a lot of money.”

KELLY RIPA, co-host, *Live With Regis and Kelly*

“Beauty comes from knowing that this is the special day she has been anticipating and dreaming of since she was a little girl. It creates an excitement and a sense of oneness with family and friends. When all the attention is on her, her beauty radiates from within because it is her moment...a rite of passage.”

CAROLYN MURPHY, model

“What makes a bride beautiful is being able to let go of all the anxiety—all the fear that something may go wrong or turn out not quite how you planned it. It’s so important to really enjoy the moment; after all, in the big picture, it’s just a day, compared to a lifetime.”

DENISE RICHARDS, actress, *Scary Movie 3*



15 No-fail ways to get gorgeous on your wedding day:

1. Sing along to a song that you loved when you were a teenager.
2. Curl your lashes. Who's that babe in the mirror?
3. Dig out your old photo albums. All those years with braces clearly paid off!
4. Stay away from the scale; today, ignorance is bliss.
5. Shoulders back, chin up, stomach in. With great posture, you'll look better and feel much more confident.
6. Sit around the breakfast table with your family and realize how much you're loved by everyone.
7. Chocolate *does* calm you down—it's a scientific fact. So whether it's a Hershey's Kiss or a delicate truffle, embrace your inner cocoa.
8. Get a natural glow and work off some stress with 20 minutes of aerobic

exercise—jump rope, log a few miles on a stationary bike, go for a run.

9. Talk with your best girlfriends about all the bad dates you'll never have to suffer through again.

10. Send out for scents—a healthy whiff of geranium, bergamot, rose, lavender, sage, or marjoram helps diminish tension.

11. Coo at a baby. It's hard to stay anxious when you're making funny faces and playing peekaboo.

12. Don't try to hide your

emotions. A big, goofy grin or a few (pre-makeup) tears reflect your utter happiness.

13. Eat. Hunger leads to headaches, and headaches aren't pretty. An English muffin with a slice of cheese or a protein-packed smoothie will give you energy to make it through the vows.

14. Switch your engagement ring to your right hand.

Your left hand is now ready for its second big moment.

15. Forget about the wedding—focus on the honeymoon instead.

"When she's surrounded by joy and happiness and the **prospect of eternal love**—that always brings a glow to her face." **NEAL LANE**, Hollywood jeweler (Jennifer Lopez, Kate Beckinsale)

"A bride is most beautiful when she's comfortable in her own skin and has a translucent, angelic quality to her look."

NICK BAROSE, Hollywood makeup artist (Mischa Barton, Kirsten Dunst)

"What makes a bride beautiful? When she's mine."

DENNIS QUAID, actor, *In Good Company*

"What truly makes a bride beautiful on her wedding day is **her ability to relax** and have a good time. If she's enjoying herself, she will shine."

PRESTON BAILEY, event planner (Donald Trump, Matt Lauer)

"What makes a bride beautiful? From the **guests' perspective**: love, bursting out of her pores. From the **groom's perspective**: the knowledge that the dress is coming off just for him. From the **parents' perspective**: the thought that it's finally over and they can start spending their money on themselves."

JASON ISAACS, actor, *Harry Potter and the Chamber of Secrets*

"What makes a bride beautiful?"

1. My sister got her teeth

bleached, which looked really good with her white dress.

2. Family tiaras are good, but you usually have to marry a British lord to get one—which may cancel out the sartorial benefits.

3. A John Galliano wedding gown. Rare and heavenly. It will become an instant heirloom.

4. Flat shoes (covered by your dress). There is nothing less pretty than a girl in pain.

5. A backup wedding dress."

PLUM SYKES, author of *Bergdorf Blondes*